



Ready to get a little messy? Use kid-safe paint or stamp pad\* to help your child make a handprint (or footprint) heart (like the one we found at [www.messylittlemonster.com](http://www.messylittlemonster.com)) in the frame below and share on your fridge or with someone you love.

No paint? Make your own with koolaid or jello and water!  
*How did your little one react to the paint on their hands or feet?*  
*This is also a great sensory activity!*

